

## icebox.therapy

#### WHOLE BODY CRYOTHERAPY

Revitalize and renew with this non-invasive cold therapy. Cryotherapy provides a multi-beneficial response which triggers the body's natural healing process in just 3 minutes!

Some of the benefits include:

- \* Reduces inflammation and muscular & joint pain
- \* Increases athletic recovery, circulation, & detoxification
- \* Boosts energy, immunity, and mood
- \* Promotes better sleep, skin health, and overall wellness

#### \$40 per session

Ask about our Monthly Programs with cost-saving benefits!

## icebox.enhancers

#### LOCALIZED CRYOTHERAPY

Targeted cold therapy to treat a specific area of the body and reduce inflammation due to injury, surgery, skin conditions, or chronic pain. \$35 per area

#### COMPRESSION

A massage-like leg treatment delivered through dynamic air compression systems that accelerate muscle recovery, promote lyphatic drainage, and increase circulation. \$25 per session

#### **RED LIGHT**

FDA-approved multi-wave light therapy that promotes skin healing and muscle recovery, reduces pain, sun damage, and signs of aging. \$25 per area

# icebox•skin

#### CRYOFACIALS

Advanced, yet non-invasive, facial treatments that incorporate cold technology to reduce inflammation, boost collagen, and address specific skin concerns like breakouts, hyperpigmentation, or fine lines and wrinkles. *Starting at \$70 per treatment.* 

#### **CRYOTHERMA**<sup>™</sup>

Sculpting treatments delivered by the most innovative & versatile anti-aging device on the market to smooth, tighten, and tone the skin.

Treatments from \$100 - \$350

Learn more about our results-driven esthetic services for the face & body in the Icebox Skin Brochure.



### **OUR SIGNATURE FACIAL**

#### The O.G.

Say hello to the one that started it all. Our signature CryoFacial swiftly reduces inflammation and stimulates collagen with our innovative cooling technology and a hydrating lymphatic facial massage. Gift your skin with this maintenance treatment in between specialty facials and get an instant glow with zero downtime. **30 mins / \$70** 

### OUR SPECIALTY FACIALS

#### **Next Level**

Experience ultimate rejuvenation and unveil your healthiest skin with this nourishing facial. Next Level uses cold therapy from our signature CryoFacial to reduce inflammation and stimulate collagen production, while a fruit enzyme gently exfoliates, and a smoothing gel mask repairs the skin's moisture barrier. 60 mins / \$140

#### Lift Me Up

Rewind time and restore the skin's elasticity with CryoTherma's hot & cold technology to smooth and tighten. This face-lifting treatment softens fine lines and wrinkles and defies the process of aging with a the help of a phyto-active firming in serum, mask, and under eye cream to deliver instant, undeniable results. 60 mins / \$140

#### **Crowd Pleaser**

A radiance boosting lcebox favorite that benefits everyone. Rely on this vitamin C-infused oxygen facial as a purifying treatment for dullness, scarring, texture, or congestion. The Crowd Pleaser features CryoTherma's cold technology to smooth and tone the skin, minimizing pores and improving discoloration. 60 mins / \$140

#### **Glow & Flow**

Even your complexion with this transformative facial that includes a blend of botanical brighteners and flower enzymes to target sun damage and hyperpigmentation. The Glow & Flow also features CryoTherma's cold technology to smooth and tone the skin, leaving you with a radiant glow. 60 mins / \$140

### **Fixer Upper**

Does your skin need a pick-me-up? Bring it back to life with this powerful, acne-fighting deep pore cleanse paired with our signature CryoFacial. This results-driven treatment is designed to tackle both teen and adult skin concerns. The Fixer Upper includes active enzymes that gently exfoliate, extractions to unclog pores, and a soothing gel mask to restore hydration. 60 mins / \$140

#### **Boys Club**

Hey there handsome, this one's for you. Refresh your skin with this powerhouse treatment that targets sun damage, clogged pores, and fine lines. Ease pesky razor irritation and clear ingrown hairs with a charcoal detox polish, extractions, and cold therapy from our signature CryoFacial. Enjoy a lymphatic drainage massage to melt away facial tension. **60 mins / \$140** 

#### Freestyle

Let's create healthy skin together! We'll customize a facial just for you to address your individual concerns. Your facial will include a curated exfoliant, a targeted treatment, our signature CryoFacial, and a mask specially selected to restore balance and reveal your best skin. 60 mins / \$140

## FACIAL BOOSTERS

- Gimme a Hand anti-aging hand treatment \$30
  - 7 High Frequency acne-fighting current \$30
  - Gua Sha detox & sculpt \$30
  - Extend My Facial neck & decollette \$50
- Beam Me Up red light treatment \$50
- Pore Patrol blue light treatment \$50
- Glow Getter professional peel \$50
- Nano Infusion\* serum infusion \$80
- Dermaplaning\* exfoliation & vellus hair removal \$80 \*Available at select locations.
  - Some boosters cannot be performed in combination with certain facials.

Allow our professional estheticians to recommend boosters, tailored to your skin's needs, to ensure a truly personalized experience.



CryoTherma is the most innovative and versatile anti-aging device to smooth, tighten, and tone the skin. With the help of your esthetician's professional recommendation, mix and match treatment styles to target stubborn fat, reduce cellulite, or improve skin elasticity and achieve your individual goals.

#### CryoTherma Triple Threat (Chin, Neck, and Decollete)

Say goodbye to sun damage, sagging skin, and that stubborn double chin! Our Triple Threat anti-aging treatment uses CryoTherma's tightening and toning technology to firm lose skin on the chest and neck area, while slimming and sculpting the jaw line. Each session includes a touch of red light magic to boost collagen and soften fine lines, finishing with a soothing manual lymphatic massage for a lifted, radiant look. It's the ultimate triple threat! **60 mins /session** 

1 session / \$100, packages available

### CryoTherma Arms (Small Area)

Wave goodbye to the jiggle and say hello to sculpted arms! Using advanced hot and cold technology, CryoTherma tightens that wiggle, banishes unwanted fat, and leaves your arms looking toned and fabulous. Each session includes a touch of red light magic to boost collagen, finishing with a lymphatic massage for the ultimate arm transformation. 60 mins /session 1 session / \$200, packages available

#### CryoTherma Body (Large Area)

Looking to tighten skin, reduce cellulite, or target stubborn fat? CryoTherma Body has you covered! We focus on one area at a time — legs, glutes, back, or abdomen, using our customizable CryoTherma contrasting technology, red light therapy to boost collagen, and a lymphatic massage to help flush everything out. **75 mins /session 1 session / \$350, packages available** 

\*\*For best results with any CryoTherma services, we recommend 3-6 sessions with maintenance treatments as needed or recommended.









\*Results and number of treatments needed may vary.